

# Quick Start Guide

## Baxolve *XP* Lumbar Support & TENS or EMS

This is not intended to replace the user manual! Please read the user manuals for both the TENS or EMS unit and belt before use.

1. Ensure all four stud covers are removed before you attach the electrodes - Fig. 1.

**Note:** The “pelotte” must also be removed before applying the electrodes.

2. Remove the electrodes from their bag - Fig. 2.

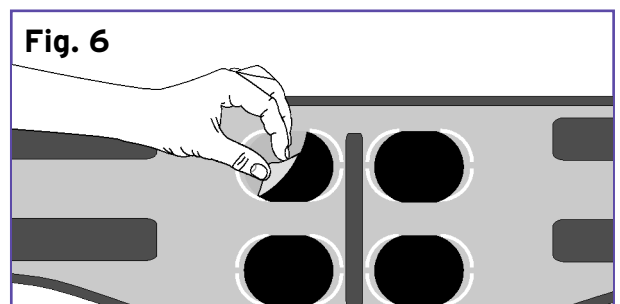
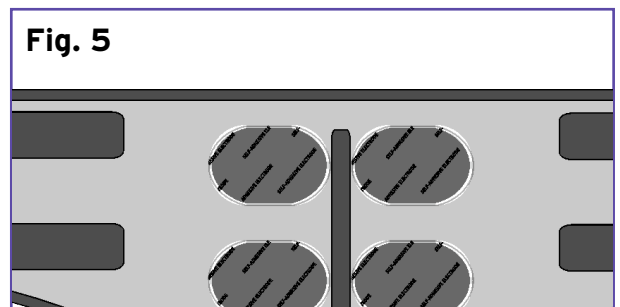
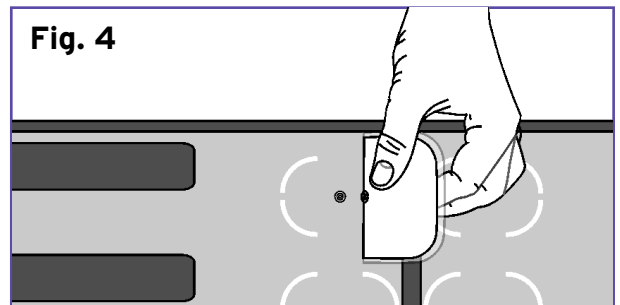
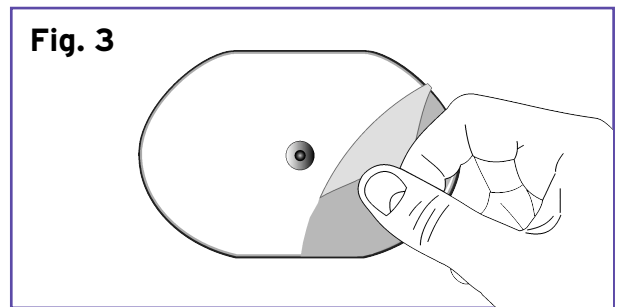
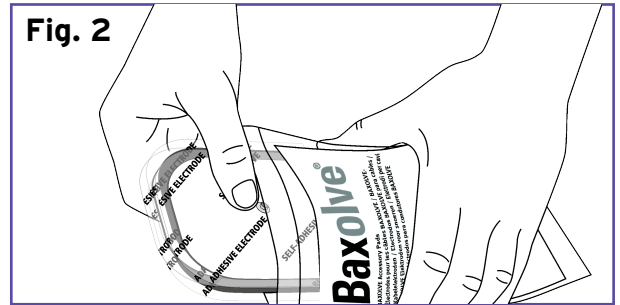
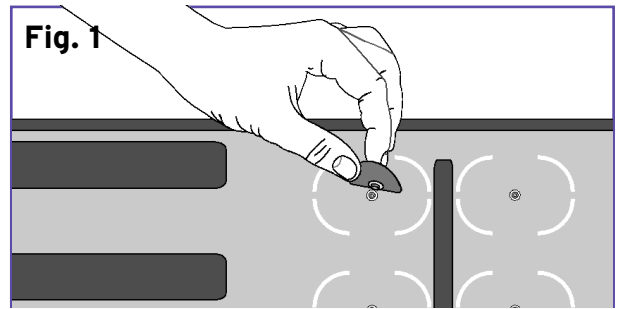
3. Remove the plastic cover from white, stud-side of each electrode - Fig. 3.

4. Press the electrode stud into one of the connectors on your belt - Fig. 4. Repeat with the other 3 electrodes.

5. The electrodes must be positioned within the white guide-lines on the belt - Fig. 5.

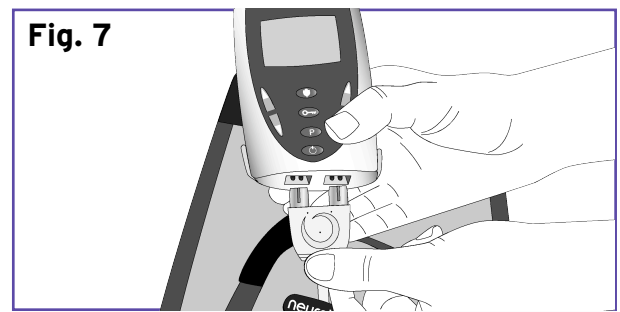
6. Remove the covers from the black side of all four electrodes before putting on the belt for use with TENS or EMS - Fig. 6.

**Note:** To put on the belt correctly, please refer to the instructions for use in your BAXOLVE XP lumbar support manual.



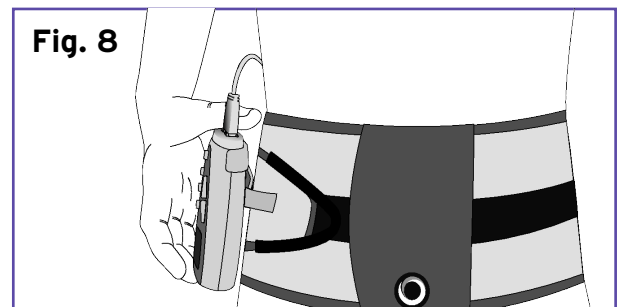
## Baxolve XP Lumbar Support & TENS or EMS

7. Hold the connector between your fingers & thumb. Ensure the round logo (○) on the connector is facing you. Plug the connector into the unit - Fig. 7.



8. Please refer to your unit's own instruction manual before beginning a treatment session.

9. Clip the unit onto the belt clip on the outer layer of your lumbar support belt, as shown - Fig. 8.



### Note:

When using a BAXOLVE XP lumbar support belt in combination with a TENS or EMS unit, ensure that the belt fits securely. This ensures proper contact between the electrodes and your skin. The outer layer can also be used to increase the compression.

Use only **neurotech**<sup>®</sup> approved accessories with this device - approved devices are:

#### - For EU:

PolyStim Plus (Type 272), OmniTENS Plus (Type 457), PolyStim XP (Type 282), OmniTENS XP (Type 459), MediStim Plus (Type 291), MediTENS Plus (Type 290), MediStim XP (Type 281) and MediTENS XP (Type 458).

#### - For USA:

MediStim Plus (Type 291), MediTENS Plus (Type 290), MediStim XP (Type 281) and MediTENS XP (Type 458).

Correct unit usage must be advised by a trained specialist.

### Please note the following points:

- When connecting electrodes to the belt, each metal stud must be **FULLY** inserted into its connector.
- Only use leads and electrodes recommended for use by the manufacturer.
- Do not use a TENS or EMS unit with your BAXOLVE XP belt when the belt is wet.

### Caution:

In the United States of America federal law restricts the device to sale or use by, or on the order of a physician or other practitioner licensed by the laws of the state in which he/ she practices.

### If you have questions or require other information please contact:

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